The Pain is Gone, Now What?

If _____
weren't such a problem for me, I would _____
_____
_____
_____
_____
_____
_____
_____
_____ .

If I didn't have _____ ,
I would _____
_____
_____
_____
_____
_____
_____
_____
_____ .

The Pain is Gone, Now What? Hayes, S. C. (2005). Get Out of Your Mind & Into Your Life. P. 14. New Harbinger Publications, Oakland CA.